



**NJ YMCA 13 & over STATE CHAMPIONSHIP  
MEET**  
**March 9-11, 2012**

<b>Sanction #:</b>	<b>TEMP-2012-PA12725</b>
<b>Sanctioned By:</b>	YMCA of the USA Competitive Swimming and Diving Advisory Committee; Jack Caucino, New Jersey Competitive Coordinator; Meredith Griffin, YMCA Eastern South Group Competitive Committee, YMCA of USA Group Representative Leader, Eastern South Group Representative.
<b>Host Team:</b>	The Community YMCA, Red Bank Swim Team
<b>Date of Meet:</b>	Friday, March 9 to Sunday, March 11, 2012
<b>Location:</b>	Kunkel Aquatic Center in the Alumni Sports & Fitness Center Franklin & Marshall College 929 Harrisburg Pike, Lancaster, PA, 17603
<b>Facility:</b>	<ul style="list-style-type: none"><li>• This pool has two eight-lane 25-yard courses, equipped with electronic timing and judging systems.</li><li>• The two starting ends have a depth of 9' and 6', the turn ends have a depth of 9' and 6'.</li><li>• During distance sessions/events, both courses will be used for competition and two vacant lanes will be available for warm up/cool down.</li><li>• For all other sessions, one course will be used with the remaining lanes and adjacent course available for warm up/cool down.</li><li>• Deck Area: Swimmers will be permitted to have only one bag</li><li>• Spectator Area: No chairs, coolers or saving seats will be permitted.</li></ul>
<b>Meet Director:</b>	Barbara Tucker, <a href="mailto:wtucker370@comcast.net">wtucker370@comcast.net</a>
<b>Meet Referee:</b>	Ed Miller - Chair, N.J. YMCA Officials' Committee, <a href="mailto:caefmilleriii@msn.com">caefmilleriii@msn.com</a>
<b>Meet Marshal:</b>	Mike Wicklund, <a href="mailto:wicklundm@comcast.net">wicklundm@comcast.net</a>
<b>Entry Coordinator:</b>	Steve Kottakis, <a href="mailto:stevekottakis@yahoo.com">stevekottakis@yahoo.com</a>
<b>The Championship Meet Committee:</b>	The Committee will be composed of the Meet Referee, Meet Director, NJ Competitive Coordinator and the North Jersey YMCA Swim League and South Jersey YMCA Swim League Executive League Coordinators or their designees.
<b>Entry Deadline:</b>	Entries must be received by mail or email no later than 10:00 pm on Tuesday , February 28, 2012. No changes will be accepted after this date.  Entry fees, entries, registration information and team rosters should be mailed to: <b>Community YMCA, Swim Team</b> <b>166 Maple Avenue</b> <b>Red Bank, NJ 07701</b> <b>Attn: Steve Kottakis</b>  <a href="mailto:stevekottakis@yahoo.com">stevekottakis@yahoo.com</a>
<b>Internet Website Posting:</b>	<b>Website Address:</b> <a href="http://aquarockets.com">http://aquarockets.com</a>  Pre-Meet Information: <ul style="list-style-type: none"><li>• Meet Information</li><li>• Downloadable HY-Tek Events list (HYV.file)</li><li>• Teams whose entries have been received.</li><li>• Updated meet schedule.</li><li>• Warm-up schedule and team warm-up assignments.</li><li>• Timing Assignments</li><li>• Time Trial information</li><li>• Hotel Information</li><li>• Parking Information</li></ul> Post-Meet Information:

	<ul style="list-style-type: none"> <li>• Results and Downloadable Files (CL.2 file)</li> <li>• Downloadable Meet Back-up (Backup.zip File)</li> </ul>
<b>Coaches and Officials:</b>	<ul style="list-style-type: none"> <li>• Only pre-registered coaches and officials will be permitted access to the pool deck.</li> <li>• Coaches must show their YMCA Coaches Deck Pass at all times and to gain access to the deck and pick up their Meet Packet.</li> <li>• The number of coaches permitted per team is as follows: # of Swimmers: 1-10 .....2 coaches            21-30.....4 coaches 11-20.....3 coaches            31 or more.....5 coaches</li> <li>• Officials who have been invited by the Meet Referee to work this meet must check in at the designated meeting room.</li> <li>• Officials who are not listed on the pre-registered/invited list will not be allowed entry to the pool deck.</li> <li>• Coaches meeting - Friday 7:15 AM.</li> <li>• Officials meetings 45 minutes prior to sessions 1,3,4,5AB,7AB, 9, 10, 12AB &amp;14</li> </ul>
<b>Swimmer Eligibility:</b>	<p>Each competitor must fulfill the following conditions:</p> <ol style="list-style-type: none"> <li>1. The swimmer must be a member in good standing of his/her YMCA for 90 days prior to representing that YMCA in a state championship meet (Rules That Govern, Rule II Sec.1a).</li> <li>2. The swimmer must not have represented any organization other than his/her YMCA team (high school excepted) for at least 90 days prior to the YMCA State Championship meet, except for swimmer that transfers with consent.</li> <li>3. An athlete must achieve the minimum qualifying time standard for each State Championship Meet event in which he/she enters. Coaches must be prepared to show proof of this achievement at meet registration if requested by meet committee.</li> <li>4. In order for an athlete to be eligible to compete in the YMCA State Championship meet, he/she must have competed in three closed inter-association YMCA meets since September 1 of the current season</li> <li>5. Any person younger than 21 is eligible to swim in Open events as long as they have not or are not currently swimming for a college team - club or varsity. A swimmer must be at least 12 years old to swim an open event.</li> <li>6. Any time achieved at an inter-association meet, or YMCA championship meet in which the swimmer competed under their YMCA name is acceptable. USA Swimming times and high school times are also accepted.</li> <li>7. Participation is determined by the swimmer's age as of December 1, 2011. A swimmer may participate in one age group only. There is no swimming up in age group events. A 19-year-old swimmer who is still in high school may compete in the 15/18 age group.</li> <li>8. The 2010-2011 edition of "A Manual on Principles and Rules Governing Competitive Physical Activities in the YMCA", the 2010/2011 Edition of the NJ YMCA State Championship Guide, and the 2011 Edition of the YMCA Mid-Atlantic Group Competitive Swimming and Diving Championships Rules Supplement (where applicable) will be used to measure eligibility.</li> <li>9. It shall be the responsibility of the coach and CEO/Executive Director of each YMCA to assure that their swimmers meet these eligibility requirements.</li> </ol>
<b>Meet Format:</b>	<ul style="list-style-type: none"> <li>• This meet is an Approved Meet in accordance with USA Swimming Rule 202.4.</li> <li>• The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.</li> <li>• This meet will be a 3 day trials/finals championship style meet that will host events in the 13/14, 15/18 age groups and Open events.</li> <li>• Published time standards must be strictly adhered to.</li> <li>• Open events are timed finals and will not be scored.</li> <li>• There will be time trials each day, but these are not included in the meet sanction and further information will be available at <a href="http://aquarockets.com">http://aquarockets.com</a></li> </ul>

<b>Meet Format:</b>	<ul style="list-style-type: none"> <li>• The events for the 13/14 age groups will have prelims in the afternoon and will conclude in the evening with finals. Swimmers placing 1-8 shall compete in championship finals, 9-16 consolation finals. Two alternates will also be announced.</li> <li>• The events for the 15/18 age groups will have prelims in the morning and will conclude in the evening with finals. Swimmers placing 1-8 shall compete in championship finals, 9-16 consolation finals and 17-24 bonus finals. Two alternates will also be announced. Bonus finals will be offered for all 15/18 age group events that are 200 yards or less.</li> <li>• Distance events as well as 400 IM and 500 Free will be run in both pools.</li> <li>• <b>For 1000, 1650 and 15/18 400 IM, swimmers will need to provide their own timer.</b></li> <li>• The Meet will be conducted under the 2011 USA Swimming Technical Rules, the NJ YMCA Swim League Constitution and the Rules that Govern YMCA Competitive Sports and all supplements thereto.</li> <li>• This meet will be seeded in accordance with USA-S Technical Rules (Rule 102.5),</li> <li>• The top three preliminary heats will be circle seeded.</li> <li>• Lane timers, officials and coaches will be issued heat sheets indicating open lanes.</li> <li>• If the Meet Committee decides that it is necessary to re-seed an event, all timers, officials and coaches will be issued heat sheets showing the re-seeded heat and lane assignments and heat sheets will be posted throughout the deck and in the spectator area indicating the re-seeded event.</li> <li>• In granting an approval for this meet, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.</li> </ul>
<b>Meet Format Waiver:</b>	<p><b>The host team, with the approval of the NJ State Championship Committee reserves the right to:</b></p> <ul style="list-style-type: none"> <li>• Change the pool or sessions if necessary for the best operation of the meet.</li> <li>• Adjust warm-up times, sessions and start times after all entries are received and session time estimates are computed by Meet Manager to best manage the meet timeline.</li> <li>• Any changes to the meet format will be posted on our web site: <a href="http://aquarockets.com">http://aquarockets.com</a> and sent via email to all teams at least one week in advance.</li> </ul>
<b>Time Trials:</b>	<p>There will be a Time Trial session on each day of this meet, but will not be part of the acquired sanction. Participating in the Time Trials will count toward the individual event limit. Although official times can be used toward qualifying for YMCA Nationals, participating in time trials alone may NOT count as the required sanctioned YMCA championship meet needed to be eligible for YMCA Nationals. Additional information about time trials will be forthcoming.</p>
<b>Results:</b>	<p>All times for registered USA-S swimmers will be entered into the SWIMS database, as long as the swimmer's name, as entered into the meet, is exactly the same as the swimmer is registered in USA Swimming. Mismatches will be rejected by SWIMS. ANY MIS-MATCHED INFORMATION WILL BE RETURNED (BY SWIMS) TO THE RESPECTIVE TEAM FOR RESOLUTION.</p>
<b>Misconduct:</b>	<p>Statement from YMCA of the USA – “Any misconduct or misbehavior of their participants in any Group event shall forfeit the right of that Association to be represented in the sport the following year.”</p>

**Meet Times:****DAYLIGHT SAVINGS STARTS SUNDAY MORNING AT 2:00 AM**

Doors will open at 6:30 AM for swimmers, coaches and officials and at 7:00 AM for spectators.

Day	Session		Warm-Up	Meet Start
Friday	Session 1	15-18 Boys & Girls Prelims	6:45 am	7:50 am
	Session 2A & 2B	15-18 400 IM Distance finals: 1000 Free	***see below	10:15 am
	Sessions 3	13-18 Boys & Girls Prelims	12:15 pm	1:20 pm
	Session 4	Relays & Finals	5:30 pm	6:20 pm
Saturday	Sessions 5A & 5B	15-18 Boys & Girls 500 Free	6:45 am	7:50 am
	Session 6	15-18 Boys & Girls Prelims	6:45 am	8:20 am
	Session 7A & 7B	13-14 Boys & Girls 400 IM	10:30 am	11:45 am
	Session 8	13-14 Boys & Girls Prelims	10:30 am	12:25 pm
	Session 9	Relays & Finals	5:00 pm	5:50 pm
Sunday	Session 10	15-18 Boys & Girls Prelims	6:45 am	7:50 am
	Session 11A & 11B	Distance finals – 1650	***see below	10:30 am
	Session 12A & 12B	13/14 500 Free	12:00 pm	1:05 pm
	Session 13	13-14 Boys & Girls Prelims	12:00 pm	1:45 pm
	Session 14	Finals	5:00 pm	5:50 pm

<p><b>Warm-up Procedure:</b></p>	<ul style="list-style-type: none"> <li>• Warm-ups will be divided into two (2) thirty (30) minute assignments with teams being designated lanes depending on age groups and team entries.</li> <li>• Warm up assignments will be emailed to coaches one (1) week prior to the meet and will also be posted on the RBY Swim Team web site.</li> <li>• Feet first entry will be required and swimmers must enter the pool from the starting end.</li> <li>• Lanes that are shared will have the last five minutes of warm up designated as sprints.</li> <li>• There will be DECK MARSHALS supervising warm-up and will have the authority to disqualify any swimmer from his/her next swim due to any inappropriate behavior during warm-up.</li> <li>• Warm-up/cool-down DURING sessions will be available in designated lanes.</li> <li>• During distance sessions both courses will be used for competition and two vacant lanes will be available to warm-up/cool-down.</li> <li>• ***It is the swimmers responsibility to warm-up for the 1000 and 1650 during the preceding session in any of the available 10 lanes: <ul style="list-style-type: none"> <li>○ Friday, sessions 2A &amp; 2B (1000) will warm up during session 1.</li> <li>○ Sunday, sessions 11A &amp; 11B (1650) will warm up during session 10.</li> </ul> </li> </ul>
<p><b>Entry Times:</b></p>	<ul style="list-style-type: none"> <li>• The Competitive Coordinator and/or the Meet Committee may challenge entry times and/or may ask for verification of any seedtime.</li> <li>• Failure to provide such proof when requested will be subject to investigation and possible disqualification by the Championship Meet Committee or the Competitive Coordinator.</li> <li>• The NJ YMCA Championship Committee reserves the right to require proof of time prior to entry into the 2012 NJ YMCA State Championships from those teams whose swimmers at the 2011 NJ YMCA State Championship exceeded the 2011 qualifying times for 20% or more of their individual and relay swims.</li> </ul>
<p><b>Swimmer Check-In</b></p>	<p><b>Scratch Procedures for preliminaries:</b></p> <ul style="list-style-type: none"> <li>• Scratches for preliminaries need to be handed in at the computer podium 15 minutes after the start of warm-up for each session.</li> <li>• Scratches should be indicated as described below using the Team/Session rosters that will be provided in the Coaches Packet.</li> </ul> <p><b>Scratch Procedures and penalties for timed finals:</b></p> <ul style="list-style-type: none"> <li>• The Scratch Table for Finals will be located next to the computer podium of Pool 1.</li> <li>• Scratches for finals are due within 30 minutes from the time the top 16 or 24 swimmers are announced in the morning.</li> <li>• Scratch procedures for Finals will be in accordance with USA-S Rule 207.12.6 D&amp;E.</li> </ul> <p><b>Scratch Sheet Instructions:</b></p> <ul style="list-style-type: none"> <li>• <u>All events will be positive check-in</u></li> <li>• Swimmers that are swimming will have a single line through their name.</li> <li>• Swimmers that are being scratched from the session will have their name circled and “SCR” will be written next to the circle</li> <li>• Swimmers scratching from individual events will have a single line through their name the event number circled and “SCR” will be written next to the circle.</li> <li>• All entries not scratched will become official entries.</li> <li>• Any swimmer not scratched using this procedure, who does not swim an event will be considered a “no show” and shall be disqualified from their next event in that session, including entry as a member of a relay</li> </ul>

team.

- The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. Additionally that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer or the coach declares an intent to swim at the scratch table prior to the close of the scratch period for that day's events.

**Protests:**

Protests of judgment call of officials can only be ruled on by the Meet Referee. All other protest must be made in writing by the team's coach within 30 minutes of the swim in question and all such protests will be adjudicated by the Meet Committee

**Championship Finals, Consolation Finals and Bonus Finals:**

- Swimmers initially qualifying for Championship, Consolation Finals and Bonus Finals shall have 30 minutes following the announcement of their names as finalists to scratch a final event by notifying the scratch table.
- If any swimmers scratch from an event, the first and/or second alternates will be notified and they will then have to declare their intention to swim in or scratch from the Finals in that event.
- Failure to compete in a Final Event from which the swimmer has not scratched shall disqualify the swimmer from the remainder of the meet.
- Exceptions: No penalties shall apply for failure to compete in finals if:
  1. The referee is notified in the event of injury or illness and accepts the proof there of.
  2. It is determined by the referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**Distance Events:**

- The 1000 and 1650 Freestyle events will be run fastest to slowest as a timed final, each in a separate session following the morning prelim session that same day (see session schedule on previous page). It is the swimmers responsibility to warm up for the 1000 and 1650 Freestyle events.
- Heats may be combined to reduce time.
- Swimmers entered in these events will be responsible for providing their own timers and counters.
- Proof of time is required for entry into these events.

**Declaration of Intent to Scratch:**

A swimmer qualifying for consolation or championship finals, based upon the results of the preliminaries in an event, may notify the scratch table within 30 minutes after announcement of the qualifiers for that event that he/she may not compete in the finals of the event, pending the results of a subsequent event in which he/she is entered. The swimmer must declare his/her final intentions within 30 minutes of the completion of subsequent event.

**Declared False Start:**

In the 13/14 and 15/O events, a swimmer may withdraw from a preliminary heat or swim off by electing to take a declared false start. Such declaration must be made known to the pool referee before the heat or swim off is announced. A declared false start counts as an event swum for the swimmer and will be counted in the maximum number of events allowed to be entered by each swimmer.



<b>Entry Fees:</b>	<ul style="list-style-type: none"> <li>• Individual entries fee per event: \$6.50</li> <li>• Relay Entry Fee: \$24.00</li> <li>• In lieu of a session entry fee there will be a one-time swimmer surcharge of \$15.00.</li> <li>• Make checks payable to: "Community YMCA Swim Team"</li> <li>• In case of severe weather conditions or other emergency situations, which force cancellation of any portion of this meet – <b><u>no refunds will be made on any entry fees or swimmer surcharges.</u></b></li> <li>• The Meet Committee will make all decisions concerning meet cancellation after consulting with Franklin and Marshall. The decision of the Meet Committee is final.</li> <li>• The entry fee amount increased by .50 due to Middle Atlantic individual event splash charge.</li> </ul>
<b>Entry Limitations:</b>	<ul style="list-style-type: none"> <li>• Each swimmer is limited to Seven (7) individual events over the course of the meet.</li> <li>• Each swimmer can enter a maximum of one (1) relay per day,</li> <li>• Each swimmer can enter a maximum of three (3) individual events per session.</li> <li>• Open events do not count towards the meet total.</li> <li>• Other than entry qualifying times, there are no restrictions on the number of entries per team in individual events, as long as each entrant meets eligibility and time requirements.</li> </ul>
<b>Entry Procedures:</b>	<ul style="list-style-type: none"> <li>• Entries must be submitted in computer ready form with a printout copy.</li> <li>• Hy-Tek Software is the standard used. RBY will send each eligible team an event file for Team Manager to facilitate entry into the meet.</li> <li>• All teams must submit a properly signed "2012 NJ YMCA State Championship Meet Certification and Cover Form" and "Hold Harmless Agreement".</li> <li>• Teams must submit a Team Roster, export file electronically from Hy-Tek, with the names and DOB of all swimmers.</li> <li>• Electronic entry files should be sent via email to: <a href="mailto:stevekottakis@yahoo.com">stevekottakis@yahoo.com</a>, "State Entries" in subject line. The meet entry coordinator will respond to email entries within 48 hours.</li> <li>• If you do not receive an email response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the email.</li> </ul>
<b>Admission and Programs:</b>	<ul style="list-style-type: none"> <li>• Admission: <b>No Admission Cost</b></li> <li>• Program: \$15.00 for the entire meet.</li> <li>• Program for finals: \$3.00 per day.</li> </ul>
<b>Host Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• The host club will have stopwatches available for timers.</li> <li>• The host club will create a warm-up schedule and timing assignments that will be fair and equal to all teams. These will be emailed to all participating clubs and posted on the website: <a href="http://aquarockets.com">http://aquarockets.com</a> no later than 72 hours before the meet.</li> </ul>
<b>Franklin &amp; Marshall Facility Rules:</b>	<ul style="list-style-type: none"> <li>• Franklin &amp; Marshall prohibit the hanging of any type of items on walls. Teams &amp; individuals should refrain from hanging banners, posters etc.</li> <li>• All team banners will be collected from the coaches on the first day of the meet at the coaches' entrance.</li> <li>• Spectators and teams shall not be permitted to bring their own catered food or bulk supply of food, such as coolers of food and beverages, nor</li> </ul>

	shall they be permitted to set up any furniture of their own to facilitate their dining needs.
<b>Participating Club Responsibilities:</b>	<p><b>Timers:</b></p> <ul style="list-style-type: none"> <li>• Timers from each team must check in.</li> <li>• Upon checking in, timing credentials will be provided to remain on the deck.</li> <li>• Depending on the number of entries per team per session, the host team will send each team their timing and lane assignments prior to the meet.</li> <li>• Teams are required to fulfill their designated timing assignment or risk disqualification of their swimmers.</li> <li>• The meet will not start until all timers have reported to their lane.</li> <li>• Teams may opt to switch timers throughout each session, but may not opt to vacate their timing assignment prior to the completion of the session.</li> <li>• <b>Swimmers entered in distance events (1000 and 1650) and 15/18 400 IM will be responsible for providing their own timers and counters.</b></li> </ul> <p><b>Pool Deck Access:</b></p> <ul style="list-style-type: none"> <li>• Only swimmers, certified coaches, certified officials, timers, and authorized meet operations personnel may enter the deck area.</li> <li>• Swimmers, coaches and officials will enter the facility at the designated entry and exit points.</li> <li>• During competition, deck marshals will be working to keep the deck area clear for swimmers and officials</li> </ul>
<b>Concessions:</b>	Food and drink will be available for purchase.
<b>Swim Gear:</b>	Swim gear and apparel will be available for sale during the meet.
<b>Parking:</b>	Due to an increase in parking capacity at Franklin & Marshall College, there will NOT be shuttle services to the aquatic center this year.
<b>Hotels:</b>	All hotels will be posted on our website: <a href="http://aquarockets.com">http://aquarockets.com</a>
<b>Directions:</b>	<p>Kunkel Aquatic Center in the Alumni Sports &amp; Fitness Center Franklin &amp; Marshall College 929 Harrisburg Pike, Lancaster, PA, 17603</p> <p><b>South From Jersey:</b> Take the <b>New Jersey Turnpike to exit 6 (Pennsylvania Turnpike west)</b>. Take the PA Turnpike west to <b>exit 286 (Lancaster/Reading/Rt. 222 south)</b>. Take Rt. 222 south approximately 14 miles to the Lancaster area. Stay to the right and follow signs for <b>Rt. 30 West (York)</b>. Pass Oregon, Lititz and Fruitville Pikes. Just beyond Fruitville Pike, exit to <b>continue</b> on 30 West (York). Take first exit for <b>Harrisburg Pike</b> (The Park City Mall will be on right). At the top of the exit ramp, turn left onto Harrisburg Pike. Proceed 1.5 miles through several traffic lights until you reach the light at the intersection of Race Avenue and Harrisburg Pike. The Turf Field will be on your left. Turn left into this parking lot.</p> <p><b>From Central and North Jersey:</b> <b>I-287 S</b> to Exit 21B - Merge onto <b>I-78 W</b> toward Easton, PA. Go about 52 miles and take exit <b>54A</b>, to merge onto <b>US-222 S/Hamilton Blvd</b>. Follow <b>US-222 S</b> to <b>US-30 W</b>. Take first exit for <b>Harrisburg Pike</b> (The Park City Mall will be on right). At the top of the exit ramp, turn left onto Harrisburg Pike. Proceed 1.5 miles through several traffic lights until you reach the light at the intersection of Race Avenue and Harrisburg Pike. The Turf Field will be on your left. Turn left into this parking lot.</p>

<b>13/over YMCA State Championships Events, Sessions and Time Standards:</b>				
<b>Session 1 - Friday Morning 15 / 18 Boys &amp; Girls Prelims</b>				
<b>Girls Event Number</b>	<b>Time Standard</b>	<b>Description</b>	<b>Boys Event Number</b>	<b>Time Standard</b>
3	2:01.99	15-18 200 Freestyle	4	1:51.39
7	1:04.49	15-18 100 Backstroke	8	58.29
11	2:39.99	15-18 200 Breaststroke	12	2:26.49
<b>Session 2A &amp; 2B - Friday Morning 15 / 18 400 IM Prelims &amp; Distance Finals</b>				
15	4:55.99	15-18 400 IM	16	4:29.99
17	11:34.99	13-14 1000 Freestyle	18	11:09.99
19	11:13.99	15-18 1000 Freestyle	20	10:26.99
<b>Session 3 - Friday Afternoon 13 / 14 Boys &amp; Girls Prelims</b>				
1	2:07.99	13-14 200 Freestyle	2	2:02.59
5	1:06.99	13-14 100 Backstroke	6	1:04.19
9	1:07.49	13-14 100 Butterfly	10	1:03.99
13	2:25.99	13-14 200 IM	14	2:18.79
<b>Session 4 - Friday Night - Finals</b>				
57	1:58:09	Open 200 Medley Relay	58	1:45:09
1		13-14 200 Freestyle	2	
3		15-18 200 Freestyle	4	
5		13-14 100 Backstroke	6	
7		15-18 100 Backstroke	8	
9		13-14 100 Butterfly	10	
11		15-18 200 Breaststroke	12	
13		13-14 200 IM	14	
15		15-18 400 IM	16	
59	1:54.09	13-14 200 Freestyle Relay	60	1:48.09
61	3:49.99	15-18 400 Freestyle Relay	62	3:30.99
<b>Session 5A &amp; 5B - Saturday Morning 15/18 500 Free</b>				
21	5:30.99	15-18 500 Freestyle	22	5:03.99
<b>Session 6 – Saturday Morning 15/18 Boys/Girls Prelims</b>				
25	1:02.59	15-18 100 Butterfly	26	56.29
29	2:19.29	15-18 200 IM	30	2:06.99
33	26.09	15-18 50 Freestyle	34	23.19
<b>Session 7A &amp; 7B - Saturday Afternoon 13/14 400IM</b>				
23	5:03.99	13-14 400 IM	24	4:49.99
<b>Session 8 Saturday Afternoon 13/14 Boys/Girls Prelims</b>				
27	2:46.49	13-14 200 Breaststroke	28	2:38.69
31	2:36.79	13-14 200 Butterfly	32	2:27.99
35	59.29	13-14 100 Freestyle	36	55.39

Girls Event Number	Time Standard	Description	Boys Event Number	Time Standard
<b>Session 9 - Saturday - Finals</b>				
63	1:44.99	Open 200 Freestyle Relay	64	1:32.99
21		15-18 500 Freestyle	22	
23		13-14 400 IM	24	
25		15-18 100 Butterfly	26	
27		13-14 200 Breaststroke	28	
29		15-18 200 IM	30	
31		13-14 200 Butterfly	32	
33		15-18 50 Freestyle	34	
35		13-14 100 Freestyle	36	
65	4:19.99	15-18 400 Medley Relay	66	3:59.99
67	2:10.09	13-14 200 Medley Relay	68	1:56.09
<b>Session 10 – Sunday Morning 15 / 18 Boys/Girls Prelims</b>				
39	1:12.99	15-18 100 Breaststroke	40	1:05.99
43	2:18.39	15-18 200 Backstroke	44	2:06.99
47	2:24.39	15-18 200 Butterfly	48	2:07.99
51	56.39	15-18 100 Freestyle	52	50.59
<b>Session 11A &amp; 11B – Sunday – Distance Finals</b>				
53	19:19.99	13-14 1650 Freestyle	54	18:49.99
55	18:55.99	15-18 1650 Freestyle	56	17:39.99
<b>Session 12A &amp; 12B – Sunday Afternoon 13 / 14 Boys &amp; Girls 500 Free</b>				
37	5:42.99	13-14 500 Freestyle	38	5:27.99
<b>Session 13 - 13/14 Boys/Girls Prelims</b>				
41	1:16.99	13-14 100 Breaststroke	42	1:13.39
45	2:24.99	13-14 200 Backstroke	46	2:18.99
49	27.09	13-14 50 Freestyle	50	25.29
<b>Session 14 – Sunday - Finals</b>				
37		13-14 500 Freestyle	38	
39		15-18 100 Breaststroke	40	
41		13-14 100 Breaststroke	42	
43		15-18 200 Backstroke	44	
45		13-14 200 Backstroke	46	
47		15-18 200 Butterfly	48	
49		13-14 50 Freestyle	50	
51		15-18 100 Freestyle	52	

**2012 NJ YMCA State Championship  
Meet Entry Certification and Cover Form**

Please read carefully. This form must be completed in its entirety. The NJ Competitive Coordinator, NJ State Championship Committee, Meet Committee and/or the Meet Directors WILL USE THIS FORM IF THERE IS A QUESTION as to eligibility of swimmers and/or coaches, OR CLARIFICATION NEEDED IN YOUR TEAMS ENTRIES. This form must accompany all entries.

- I hereby certify that swimmers listed in the entry file have fulfilled the YMCA State Meet Eligibility Requirements and that the seed times are legitimate.
- I hereby certify that I have read the entire meet packet including “no show” policy, scratch procedures and check-in policies.
- I hereby certify that the Coaches representing my team have met their entire eligibility requirement and their certifications are current.
- I hereby certify that I have read the Timing Assignment Policy.
- I hereby certify that I have read the Spectator Admission policies and procedures.

CEO/Executive Director: \_\_\_\_\_ (please print)

Signature: \_\_\_\_\_

Coaches Name: \_\_\_\_\_ (please print)

Signature: \_\_\_\_\_

Coach's Phone: Day: \_\_\_\_\_ Night: \_\_\_\_\_

Coach's Email: \_\_\_\_\_

**2012 NJ YMCA State Championship  
The Community YMCA Red Bank Swim Team  
Release and HOLD HARMLESS AGREEMENT**

In order to participate in the 2012 NJ YMCA State Championship Meet, the following terms and conditions are herewith agreed to for the promotion and execution of the event.

The Community YMCA Red Bank Swim Team, its officers, agents, employees and assigns, shall not be liable for any injury or damage to Participant's officers, agents, employees and assigns or the property on the premises of the event unless caused by or due to the negligence of The Community YMCA Red Bank Swim Team or its officers, agents, employees and assigns.

Participant, its officers, agents, employees and assigned shall not be liable for any injury or damage to Franklin and Marshall, its officers, agents, employees and assigns or to property on the premise of the event unless caused by, or due to the negligence of the Participant, its officers, agents, employees and assigns.

All Participants and The Community YMCA, Red Bank Swim Team will carry general liability insurance in standard form covering the above.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2012.

YMCA Association Name: \_\_\_\_\_ YMCA Association #: \_\_\_\_\_

CEO/Executive Director Signature: \_\_\_\_\_

**2012 N.J. YMCA STATE CHAMPIONSHIP  
Entry Summary sheet**

Name of YMCA: \_\_\_\_\_

Address: \_\_\_\_\_

Coach: \_\_\_\_\_

Phone Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

**TEAM FEE:**

TOTAL INDIVIDUAL EVENTS: \_\_\_\_\_ x \$6.50 = \_\_\_\_\_

TOTAL RELAYS: \_\_\_\_\_ x \$24.00 = \_\_\_\_\_

SWIMMER SURCHARGE: Number of Swimmers \_\_\_\_\_ x \$15.00 = \_\_\_\_\_

AMOUNT ENCLOSED: \$ \_\_\_\_\_

Please list no more than five certified coaches that will be attending this meet ( number of coaches permitted on deck: 1-10 swimmers - 2 coaches, 11-20 swimmers - 3 coaches, 21-30 swimmers – 4 coaches, 30 or more swimmers - 5 coaches).

<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____
5. _____	5. _____	5. _____

Make checks payable to: "Community YMCA Swim Team"

**Mail Entries to:**

**The Community YMCA, Red Bank Swim Team  
166 Maple Avenue  
Red Bank, NJ 07701  
Attn: Steve Kottakis**

[stevekottakis@yahoo.com](mailto:stevekottakis@yahoo.com)

Entries must be received by 10:00 pm, on Tuesday, February 28, 2012.

**THIS FORM MUST BE RETURNED WITH TEAM ENTRIES.**

The following items are to be returned to the host team on or before February 28, 2012.

- Entry Summary Sheet
- Meet Entry File, Hy-Tek.
- Electronic copy of team roster
- Release and Hold Harmless agreement
- Check for Entry Fee
- List of Certified Coaches attending meet