

Name of Meet	<b>NJ YMCA SILVER CHAMPIONSHIP MEET FEBRUARY 17-19, 2012</b>
Sanction #	2012-NJ18985
Host Team	Lakeland Hills YMCA Swim Team, Mountain Lakes, NJ 07046
Date of Meet	Friday, February 17 to Sunday, February 19, 2012
Location	<p>Gloucester County Institute of Technology (GCIT) 1360 Tanyard Road Sewell, NJ 08080 <a href="http://www.gcit.org/">http://www.gcit.org/</a></p> <p>Pool with electronic timing and non-turbulent lane lines with a bulkhead dividing two 8 lane, 25 yard courses. Water depth is 10 feet at the start/turn end of Pool A and 5 feet at the start/turn end of Pool B. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The spectator area has a seating capacity limited to 450 persons which is strictly enforced. <b>By Order of the Fire Marshall, coolers, folding chairs, and strollers are not permitted in the spectator area.</b> Spectators will not be allowed on deck. Spectators and swimmers will not be allowed to save seats in the spectator area. Host team volunteers will assist spectators with seating and will monitor the spectator area. Spectators are requested and expected to cooperate with Fire Marshall's regulations and volunteer requests. The facility, including the spectator area, will be cleared between all sessions.</p>
Meet Director	Steve Bias, <a href="mailto:stephenbias@optonline.net">stephenbias@optonline.net</a>
Meet Referee	Val Gibson, <a href="mailto:vhgswimming@msn.com">vhgswimming@msn.com</a>
Entry Coordinator	Kim Rozanitis, <a href="mailto:YMCASilvers@hotmail.com">YMCASilvers@hotmail.com</a> Checks payable to: LHYMCA
Entry Deadline	<ul style="list-style-type: none"> <li>• All entries must be TM or MM entries.</li> <li>• Entries must be received by mail or email no later than <b>10:00PM, Tuesday, February 7, 2012</b>. No changes will be accepted after this date.</li> <li>• No refunds will be made on any entry fees regardless of any subsequent scratches or changes.</li> <li>• Email the electronic entry file to Kim Rozanitis via <a href="mailto:YMCASilvers@hotmail.com">YMCASilvers@hotmail.com</a></li> <li>• The entry fees &amp; registration information should be mailed to: YMCA Silvers c/o Kim Rozanitis 8 Bridle Court Mountain Lakes, NJ 07046</li> <li>• Additional entries will be accepted from meets occurring on February 11<sup>th</sup> &amp; 12<sup>th</sup>. These additional entries will be compiled using a separate event file and submitted by 10:00PM, Tuesday, February 14<sup>th</sup> to Kim Rozanitis via <a href="mailto:YMCASilvers@hotmail.com">YMCASilvers@hotmail.com</a> If a swimmer over-qualifies for Silvers by making a fourth qualifying time for States, the swimmer can be dropped from the meet and entry fees refunded. Please email Kim Rozanitis to inform her of the drop.</li> </ul>
Championship Meet Committee	<ul style="list-style-type: none"> <li>• The Committee will be composed of the Meet Referee (Head Official), Meet Director, NJ Competitive Coordinator and the Executive League Coordinators/Chairs from the North Jersey YMCA Swim League and the South Jersey YMCA Swim League, or their designees.</li> <li>• The Competitive Coordinator and/or the Meet Committee may challenge entry times and/or may ask for verification of any seed time. All seed times must be provable. Failure to provide such proof when requested will</li> </ul>

	be subject to investigation and possible disqualification or reassignment to the heat and lane the proof permits.
Meet Format Waiver	The host team, with the approval of the NJ State Championship Committee reserves the right to: <ul style="list-style-type: none"> <li>• Change the pool or sessions if necessary for the best operation of the meet,</li> <li>• Adjust warm-up times, sessions and start times after all entries are received and session time estimates are computed by Meet Manager to best manage the meet timeline,</li> <li>• Any changes to the meet format will be posted on our website and sent via email to all teams at least 1 week in advance of the meet.</li> </ul>
Internet Website Posting	<b>Website Address:</b> <a href="http://www.lhyswim.com">www.lhyswim.com</a> Pre-Meet Information: <ul style="list-style-type: none"> <li>• Meet Information</li> <li>• Downloadable HY-Tek Events list (hyv.file)</li> <li>• Updated meet schedule.</li> <li>• Warm-up schedule and team warm-up assignments.</li> <li>• Timing Assignments</li> </ul> Post-Meet Information: <ul style="list-style-type: none"> <li>• Results and Downloadable Files (CL.2 file)</li> <li>• Downloadable Meet Back-up (Backup.zip File)</li> </ul>
Applicable Rules	This meet will be run in accordance to current USA Swimming Technical Rules, the NJ YMCA Swim League Constitution and the 2006 edition of Principles & Rules that Govern YMCA Competitive Sports and all supplements thereto.
USA Swimming Approval	1) This meet will be an Approved Meet in accordance with USA Swimming Rule 202.4. All times for registered USA-S swimmers will be entered into the SWIMS database, as long as the swimmer's name, as entered into the meet, is exactly the same as the swimmer is registered in USA Swimming. Mismatches will be rejected by SWIMS. <b>Coaches shall verify that all swimmer information complies with USA "SWIMS" database requirements. Any mismatched information will be returned (by SWIMS) to the respective team for resolution.</b> In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
Swimmer Eligibility	<ol style="list-style-type: none"> <li>1. A swimmer must be a member in good standing of his/her YMCA for 30 days prior to competing for that YMCA in any meet. The swimmer must be a member in good standing of his/her YMCA for 90 days prior to representing that team in any YMCA State level Championship meet. (Rules That Govern, Rule II Sec.1a).</li> <li>2. To be eligible to compete in any YMCA State level Championship meet, a swimmer must not have represented any organization other than his/her YMCA team in open or closed competition (except for high school) for at least 90 days prior to that YMCA State level Championship meet entry deadline.</li> <li>3. An athlete must achieve the minimum qualifying time standard for each Silver Championship Meet event in which he/she enters in Open, League,</li> </ol>

	<p>Dual or High School Meet competition. Coaches must be prepared to show proof of this achievement at meet registration if requested by meet committee. No swimmer may participate in a NJ YMCA Silver Championship Meet event for which they have previously achieved a NJ State Championship Meet qualifying time.</p> <ol style="list-style-type: none"> <li>4. In order for an athlete to be eligible to compete in the YMCA Silver Championship meet, he/she must have represented his/her YMCA in at least three closed inter-association YMCA competition on separate days since September 1 of the current season.</li> <li>5. The swimmer must be an amateur and may represent a team other than their YMCA or school team during the current season but <i>before</i> their eligibility period commences (90 days prior to the state level competition). Any person younger than 21 is eligible to swim in Open events as long as they have not or are not currently swimming for a college team. A swimmer must be at least 12 years old to swim an open event.</li> <li>6. Any time achieved at an inter-association meet, or YMCA championship meet in which the swimmer competed under their YMCA name is acceptable. USA Swimming times and high school times are also accepted.</li> <li>7. Participation is determined by the swimmer's age as of December 1, 2010. A swimmer may participate in one age group only. There is no swimming up in age group events. A 19 year old swimmer who is still in high school may compete in the 15/18 age group.</li> <li>8. <b>Each swimmer is restricted to entering a maximum of three (3) individual events per day and not more than seven (7) total individual events for the meet; one relay event maximum per day.</b> Open events do not count towards the event limit. Other than entry qualifying times, there are no restrictions on the number of entries per team in individual events, as long as each entrant meets eligibility and time requirements.</li> <li>9. Swimmers with four (4) or more qualifying times for the NJ YMCA State Championships are <b>NOT ELIGIBLE</b> to compete at the NJ YMCA Silver Championships.</li> <li>10. The qualifying period for the meet is January 1, 2011 - February 7, 2012, and February 11-12, 2012.</li> <li>11. 8/unders are not permitted at the NJ YMCA Silver Championships.</li> <li>12. The 2007-2008 edition of "A Manual on Principles and Rules Governing Competitive Physical Activities in the YMCA", the 2007/2008 Edition of the NJ YMCA State Championship Guide, and the 2008 Edition of the YMCA Mid-Atlantic Group Competitive Swimming and Diving Championships Rules Supplement (where applicable) will be used to measure eligibility.</li> <li>13. It shall be the responsibility of the Head Coach and CEO/Executive Director of each YMCA to assure that their swimmers meet all eligibility requirements.</li> </ol>																
Meet Format	<p>This meet will be a 2 ½ day timed final meet that will host events in the 9/10, 11/12, 13/14, 15/18 and Open age groups. Published time standards must be strictly adhered to. All events will be deck seeded upon completion of checking in/scratching swimmers. The 1000 &amp; 1650 will be run fastest to slowest. Swimmers are to provide their own counters and timers. Open Events will not be scored.</p>																
Meet Schedule	<table border="1"> <thead> <tr> <th>Days</th> <th></th> <th>Warm-up</th> <th>Meet Starts</th> </tr> </thead> <tbody> <tr> <td>Friday PM</td> <td>11/older events</td> <td>4:00 PM</td> <td>5:30 PM</td> </tr> <tr> <td>Saturday &amp; Sunday AM</td> <td>9/10 &amp; 11/12 events</td> <td>7:00 AM</td> <td>8:30 AM</td> </tr> <tr> <td>Saturday &amp; Sunday Mid</td> <td>13/older Distance</td> <td>TBA</td> <td>TBA</td> </tr> </tbody> </table>	Days		Warm-up	Meet Starts	Friday PM	11/older events	4:00 PM	5:30 PM	Saturday & Sunday AM	9/10 & 11/12 events	7:00 AM	8:30 AM	Saturday & Sunday Mid	13/older Distance	TBA	TBA
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	Events		
	Saturday & Sunday PM	13/14 & 15/18 Events	TBA
Warm-up Procedure	<ul style="list-style-type: none"> <li>• There will be three (3) twenty-five (25) minute warm-up assignments with teams being designated lanes depending upon age groups and team entries.</li> <li>• Warm-up and the lane assignments will be sent to the teams via e-mail within 72 hours of the meet.</li> <li>• Feet first entry is required and swimmers must enter the pool from the starting end.</li> </ul>		
Seeding	<ul style="list-style-type: none"> <li>• This meet will be seeded in accordance with USA-S Technical Rules (Rule 102.5), and for the benefit of the swimmers, the meet will be deck seeded upon completion of coaches checking-in/scratching swimmers.</li> <li>• If the Meet Committee decides that it is necessary to re-seed an event, all timers, officials and coaches will be issued heat sheets showing the re-seeded heat and lane assignments and heat sheets will be posted throughout the deck and in the spectator area indicating the re-seeded event.</li> <li>• The host team and/or Meet Committee reserve the right to limit heats in individual events and/or change the pool if necessary for the best operation of the meet.</li> <li>• The 1000 Free and 1650 Free will be swum fastest to slowest.</li> </ul>		
Swimmer Check-in & Scratches	<ul style="list-style-type: none"> <li>• All scratches shall be submitted to respective pool (color coded) in which the scratched swimmer(s) would otherwise have participated no later than 30 minutes into warm-up of any session.</li> <li>• All entries not scratched will become official entries. Any swimmer not scratched using this procedure that does not swim an individual event, will be considered a “no show” and shall be disqualified from the next event in that day’s session, including entry as a member of a relay team. If the missed event is the swimmer’s last event of a session, the swimmer shall be disqualified from competing in the swimmer’s first individual event of the following session and the next relay conducted in the session following the “no show”.</li> <li>• In each coaches’ packet will be: <ul style="list-style-type: none"> <li>○ Scratch sheets</li> <li>○ Relay sheets for name changes</li> <li>○ Timing &amp; warm-up assignments</li> </ul> </li> </ul>		
Misconduct	<ul style="list-style-type: none"> <li>• Coaches will be held responsible for the conduct of their swimmers and parents during the meet. Any damages assessed to the host team by GCIT will be charged back to each participating team on a pro-rated basis.</li> <li>• Misconduct Statement from YMCA of the USA – “Any misconduct or misbehavior of their participants in any Group event shall forfeit the right of that Association to be represented in the sport the following year.”</li> </ul>		
Relays	<ul style="list-style-type: none"> <li>• Each YMCA Association may enter more than one relay team. Only the “A” relay team will be eligible for scoring. <b>Coaches should make every effort to identify the most likely swimmers and enter those swimmers names in the relay events.</b> Coaches will be allowed the change the names of the swimmers in the relays at the meet by the designated deadline.</li> <li>• Relay swimmers for this meet must be entered in the NJ YMCA Silver Championships in an individual event and can only swim those strokes and distances on relays for which they qualify in this Championship. Relay swimmers may not enter a relay to swim any stroke for which they have</li> </ul>		

	<p>achieved a NJ YMCA State Championship qualifying time.</p> <ul style="list-style-type: none"> <li>No “relay-only” swimmers may be entered in this meet.</li> </ul>
Entry Procedure	<ul style="list-style-type: none"> <li>Electronic entries must be received via email no later than <b>10:00 PM, Tuesday February 7, 2012</b>. Entries must list seed times in yards. <b>TIMES WILL NOT BE CONVERTED BY THE HOST TEAM</b>. Coaches may convert times swum during the current season as described in the Time Standards Section of the NCAA Swimming and Diving Rule Book.</li> <li><b>Each swimmer is restricted to entering a maximum of three (3) individual events per day and not more than seven (7) total individual events for the meet; one relay event maximum per day.</b> Open events do not count towards the event limit. Other than entry qualifying times, there are no restrictions on the number of entries per team in individual events, as long as each entrant meets eligibility and time requirements.</li> <li>Additional entries will be accepted from meets occurring on February 11<sup>th</sup> &amp; 12<sup>th</sup>. These additional entries will be compiled using a separate event file and submitted by 10:00PM, Tuesday, February 14<sup>th</sup> to Kim Rozanitis via <a href="mailto:YMCASilvers@hotmail.com">YMCASilvers@hotmail.com</a>. If a swimmer over-qualifies for Silvers by making a fourth qualifying time for States, the swimmer can be dropped from the meet and entry fees refunded. Please email Kim Rozanitis to inform her of the drop.</li> <li>Upon receipt, coaches will receive a return email of entries for verification and a summary of meet entry fees. No swimmers will be officially entered into the meet until each coach has confirmed his/her team entry via return email and has submitted: <ul style="list-style-type: none"> <li>Release &amp; Hold Harmless Agreement</li> <li>Meet Entry Certification &amp; Cover Form</li> <li>Entry Summary Sheet with payment of entry fees in full.</li> </ul> </li> </ul>
Entry Fees	<p>Entry fees are \$5.50 per individual event and \$20.00 per relay team. Checks payable to: <b>LAKELAND HILLS YMCA</b></p>
Scoring	<p>Point scoring of place values will be:</p> <ul style="list-style-type: none"> <li>Individual Events – 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1</li> <li>Relays – 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2</li> </ul>
Awards	<ul style="list-style-type: none"> <li>Medals will be awarded in all age group events and relays for the first through eighth place.</li> <li>Ribbons will be awarded in all age group events and relays for ninth through sixteenth places.</li> <li>Age group plaques will be awarded to first and second places.</li> <li>Coaches will pick up all team and individual awards at the end of the meet from the awards desk.</li> </ul>
Admission & Programs	<ul style="list-style-type: none"> <li>Admission is \$5.00 per session for adults; children under 8, participants and officials are free.</li> <li>Programs are \$10.00 and will include psych sheets for all events for the weekend.</li> <li>The building will be open for spectator admission starting at 3:30 PM on Friday, and at 6:30 AM on Saturday &amp; Sunday. Other sessions will be TBD once entries are received.</li> <li>Upon entering the building, swimmers, coaches, and officials should proceed through the hallway to the deck entrance (swimmers &amp; coaches)</li> </ul>

	<p>and check-in/hospitality room (officials). Coaches may pick up their meet packet at the Pool 1 Table (deep end). The hospitality room will be in a classroom off of the main entrance. <b>Coaches must show their credentials in order to check in and receive their meet packets.</b></p>
<p>Officials</p>	<ul style="list-style-type: none"> <li>• Each participating team is required to submit the name of at least one currently certified Official per session to the Meet Referee. Swimming Officials will be selected from among the parents and associates of participating swimmers' YMCAs. Current YMCA certification is required for all officials and the Meet Referee may check cards.</li> <li>• Please state YMCA Level 1 or 2 and if dual certified as USA, which level as well as the session(s) available to officiate. Certification cards will be checked upon by the Meet Referee to ensure certifications are current.</li> <li>• The standard white uniform must be worn by all officials. Those officials selected will be contacted directly prior to the championship. There will be no admission charge for officials who will be working the entire session of the meet. A hospitality room will be available to coaches and officials throughout the meet. Officials will be provided with a championship official's shirt. The host club can guarantee only those officials registering with the meet referee will receive shirts.</li> <li>• There will be officials' meetings within 60 minutes of the start of a session. There will be no meetings for the mid-sessions on Saturday and Sunday.</li> </ul>
<p>Protests</p>	<p>The USA-S protest procedures (Rule 102.11) will be utilized, as modified for this Meet, and set forth below:</p> <ul style="list-style-type: none"> <li>• All protests must be made using the Protest Form and delivered to the Meet Referee. Protest Forms can be obtained from the Scorer's Desk.</li> <li>• For protests made prior to a race, concerning the eligibility of a swimmer or swimmers to compete, the Meet Committee will endeavor to resolve the protest before the start of the race in question. If the Meet Committee cannot resolve the issue before the race is swum, the affected competitor(s) shall be allowed to swim under protest and that fact shall be announced.</li> <li>• All other protests must be made to the Meet Referee, using the Protest Form, within 30 minutes after the conclusion of the race in which the alleged infraction occurred. Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referees decisions will be final. Any questions concerning judgments by deck officials should first be addressed to the particular Deck Referee, and then to the Meet Referee, as appropriate.</li> <li>• The Meet Committee will consider all other protests lodged against the Meet, and its decisions will be final.</li> <li>• The results of any protested race will not be announced, any awards will not be given and any points will not be allocated until the protest is resolved or withdrawn, in writing.</li> </ul>
<p>Inclement Weather</p>	<p>In case of severe weather conditions or other emergency situations which force cancellation of any portion of this meet – <b>no refunds will be made on any entry fees.</b> Refunds on admission and program will be made only if emergency cancellation occurs <b>prior to the start</b> of a session. The Meet Committee will make all decisions concerning meet cancellation. The decision of The Meet Committee is final.</p>

Concessions	There will be food & drink available for purchase through GCIT.
Vendors	There will be a vendor(s) available for swimming related purchases.
Hotels	<p style="text-align: center;"><i>Please note: accommodations are to be made by each team. This is strictly for information use only.</i></p> <p><b>Courtyard Mt Laurel:</b> 1000 Century Parkway · Mount Laurel, NJ 08054 856-273-4400</p> <p><b>DoubleTree Guest Suites:</b> 515 Fellowship Road North, Mount Laurel, NJ 856-778-8999</p> <p><b>Hampton Inn:</b> 5000 Crawford Place, Mount Laurel, NJ, 08054 856-778-5535</p> <p><b>Hyatt Place Mt. Laurel:</b> 8000 Crawford Place, Mt. Laurel, NJ 08054 856-840-0770</p> <p><b>Staybridge Suites:</b> 4115 Church Road, Mount Laurel, NJ 08054 856-7221900</p>
Directions	<p><b>FROM ROUTE 55</b> Exit at Route 47 Delsea Drive North – Westville Exit 56B. At the light, turn left onto Bankbridge Road. At the next light, turn left onto Tanyard Road. The entrance for GCIT is on the left at the bottom of the hill.</p> <p><b>FROM THE DELAWARE MEMORIAL BRIDGE</b> Take Interstate 295 north. Take Exit 21 onto Delaware Street and continue through Woodbury for about 1.7 miles. As Delaware Street becomes Cooper Street, continue for .5 miles. Turn right at traffic light onto Evergreen Avenue. Travel one block and turn left at next light onto E. Barber Ave. Proceed about 3.2 miles. The entrance for GCIT is on the left at the bottom of the hill.</p> <p><b>FROM THE NEW JERSEY TURNPIKE</b> Take the N.J. Turnpike south to Exit 3. After toll, follow signs for Route 168 south. Continue for about one mile to traffic light and turn right on Route 544 &amp; Route 41 south, Clements Bridge Road. Continue for about 1.7 miles to Deptford Center Rd. and make a right. Travel about 0.8 miles and merge onto Rt. 55 South. Travel about 2.4 miles and exit at 56B Woodbury/Westville. After you exit, make a left at the 1st light, Bankbridge Rd. Make a left at the next light, Tanyard Rd. The entrance for GCIT is on the left at the bottom of the hill.</p> <p><b>FROM ATLANTIC CITY</b> Take the Atlantic City Expressway North. Take exit 44 towards Rt-168/Sicklerville/Blackwood. Stay to the right for Rt-168/Blackwood. Sicklerville Rd will turn into Woodbury-Turnersville Rd as you cross Rt-168. Travel for about 1.5 miles. Make a left onto Barnsboro-Blackwood Rd. and bear to the right. Continue for about 1.2 miles. At the stop sign, make a right onto Egg Harbor Rd. Go straight through the light as you are now on Rt-47/Delsea Dr. for about 1.2 miles. Make a left onto Bankbridge Rd. Make a left at the next light, Tanyard Rd. The entrance for GCIT is on the left at the bottom of the hill.</p> <p><b>FROM THE COMMODORE BARRY BRIDGE</b> Take Route 322 east to light at Route 45. Turn left onto Route 45 north and travel for about 2.0 miles. Turn right onto Heritage Rd and go about 2.1 miles. Turn right onto Main St. Make a slight left onto Center St and go for about 1.7 miles. Now make a left onto Tanyard Rd. GCIT is about 1.3 miles ahead on the right, past Gloucester County College.</p>

**ORDER OF EVENTS & QUALIFYING TIMES***The qualifying period for the meet is January 1, 2011- February 7, 2012 & Feb 11-12, 2012***Friday PM Events**

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
2:54.99	3:14.99	1	11/12 200 Butterfly	2	2:54.99	3:14.99
2:36.79	2:54.99	3	13/14 200 Butterfly	4	2:27.99	2:54.99
2:24.39	2:43.29	5	15/18 200 Butterfly	6	2:07.99	2:33.99
2:58.59	3:13.79	7	11/12 200 Breaststroke	8	2:59.99	3:19.99
2:46.49	2:59.69	9	13/14 200 Breaststroke	10	2:38.69	2:57.99
2:39.99	2:59.99	11	15/18 200 Breaststroke	12	2:26.49	2:43.59
2:33.99	2:52.19	13	11/12 200 Backstroke	14	2:34.99	2:54.99
2:24.99	2:33.99	15	13/14 200 Backstroke	16	2:18.99	2:33.59
2:18.39	2:32.79	17	15/18 200 Backstroke	18	2:06.99	2:20.49
6:10.99	6:45.99	19	11/12 500 Freestyle	20	6:10.99	6:45.99
5:03.99	5:36.99	21	13/14 400 IM	22	4:49.99	5:29.99
4:55.99	5:22.99	23	15/18 400 IM	24	4:29.99	4:56.99

**Saturday AM Events**

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
2:38.99	2:47.09	25	11/12 200 IM	26	2:41.99	2:54.29
3:00.59	3:15.99	27	9/10 200 IM	28	3:00.99	3:18.99
28.99	30.19	29	11/12 50 Freestyle	30	29.19	30.89
32.89	34.39	31	9/10 50 Freestyle	32	32.99	35.09
1:14.99	1:22.69	33	11/12 100 Butterfly	34	1:20.99	1:32.99
1:30.99	1:42.99	35	9/10 100 Butterfly	36	1:33.99	1:45.09
38.59	40.79	37	11/12 50 Breaststroke	38	39.99	42.99
43.69	46.19	39	9/10 50 Breaststroke	40	45.29	48.49
1:13.39	1:18.09	41	11/12 100 Backstroke	42	1:14.99	1:21.59
1:23.99	1:29.49	43	9/10 100 Backstroke	44	1:26.49	1:34.49
NA	NA	45	11/12 200 Medley Relay	46	NA	NA
NA	NA	47	9/10 200 Medley Relay	48	NA	NA
2:22.99	2:30.99	49	11/12 200 Freestyle	50	2:23.49	2:36.99

**Saturday Mid Session**

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
11:34.99	13:15.99	51	13/14 1000 Freestyle	52	11:09.99	12:39.99
11:13.99	12:41.99	53	15/18 1000 Freestyle	54	10:26.99	11:54.99

**Saturday PM Events**

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
1:44.99	NA	55	Open 200 Freestyle Relay	56	1:32.99	NA
2:25.99	2:33.69	57	13/14 200 IM	58	2:18.79	2:28.19
2:19.29	2:28.89	59	15/18 200 IM	60	2:06.99	2:14.99
27.09	28.09	61	13/14 50 Freestyle	62	25.29	26.69
26.09	27.39	63	15/18 50 Freestyle	64	23.19	24.59
2:07.99	2:14.79	65	13/14 200 Freestyle	66	2:02.59	2:09.09
2:01.99	2:08.09	67	15/18 200 Freestyle	68	1:51.39	1:55.59
1:06.99	1:11.29	69	13/14 100 Backstroke	70	1:04.19	1:09.69
1:04.49	1:08.89	71	15/18 100 Backstroke	72	58.29	1:02.79
NA	NA	73	13/14 200 Medley Relay	74	NA	NA
NA	NA	75	15/18 400 Medley Relay	76	NA	NA

**Sunday AM Events**

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
1:23.59	1:27.49	77	9/10 100 IM	78	1:25.99	1:31.29
1:13.59	1:17.09	79	11/12 100 IM	80	1:14.99	1:20.39
38.99	41.09	81	9/10 50 Backstroke	82	39.99	43.19
34.19	36.29	83	11/12 50 Backstroke	84	34.59	37.59
1:14.19	1:18.09	85	9/10 100 Freestyle	86	1:15.39	1:20.29
1:04.19	1:07.29	87	11/12 100 Freestyle	88	1:04.29	1:09.09
37.99	41.39	89	9/10 50 Butterfly	90	39.19	43.79
32.89	34.59	91	11/12 50 Butterfly	92	33.99	37.89
1:36.29	1:42.09	93	9/10 100 Breaststroke	94	1:40.19	1:48.79
1:22.99	1:28.49	95	11/12 100 Breaststroke	96	1:26.49	1:34.79
NA	NA	97	9/10 200 Freestyle Relay	98	NA	NA
NA	NA	99	11/12 200 Freestyle Relay	100	NA	NA
2:41.99	2:56.89	101	9/10 200 Freestyle	102	2:42.99	3:02.99

**Sunday Mid Session**

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
19:19.99	21:54.99	103	13/14 1650 Freestyle	104	18:49.99	21:24.99
18:55.99	21:38.99	105	15/18 1650 Freestyle	106	17:39.99	20:21.89

Modified 1/30/12

### Sunday PM Events

Slower Than	Equal To or Faster Than	Girls Event #	Event	Boys Event #	Slower Than	Equal To or Faster Than
1:58.09	NA	107	Open 200 Medley	108	1:45.09	NA
5:42.99	6:09.49	109	13/14 500 Freestyle	110	5:27.99	5:56.59
5:30.99	5:57.69	111	15/18 500 Freestyle	112	5:03.99	5:25.99
1:07.49	1:13.69	113	13/14 100 Butterfly	114	1:03.99	1:10.89
1:02.59	1:09.29	115	15/18 100 Butterfly	116	56.29	1:01.39
1:16.99	1:22.39	117	13/14 100 Breaststroke	118	1:13.39	1:19.59
1:12.99	1:19.89	119	15/18 100 Breaststroke	120	1:05.99	1:12.99
59.29	1:01.59	121	13/14 100 Freestyle	122	55.39	58.89
56.39	59.39	123	15/18 100 Freestyle	124	50.59	53.39
NA	NA	125	13/14 200 Freestyle Relay	126	NA	NA
NA	NA	127	15/18 400 Freestyle Relay	128	NA	NA

**2012 NJ YMCA Silver Championship  
Meet Entry Certification Form**

Please read carefully. This form must be completed in its entirety. The NJ Competitive Coordinator, NJ State Championship Committee, Meet Committee and/or the Meet Directors WILL USE THIS FORM IF THERE IS A QUESTION as to eligibility of swimmers and/or coaches, OR CLARIFICATION NEEDED IN YOUR TEAMS ENTRIES. This form must accompany all entries.

- I hereby certify that swimmers listed in the entry file have fulfilled the YMCA Silver Meet Eligibility Requirements and that the seed times are legitimate.
- I hereby certify that I have read the entire meet packet including “no show” policy, scratch procedures and check-in policies.
- I hereby certify that the Coaches representing my team have met their entire eligibility requirement and their certifications are current.
- I hereby certify that I have read the Timing Assignment Policy.
- I hereby certify that I have read the Spectator Admission policies and procedures.

CEO/Executive Director: \_\_\_\_\_  
(Print) (Signature)

Coaches Name: \_\_\_\_\_  
(Print) (Signature)

Coach’s Phone: Day: \_\_\_\_\_ Evening: \_\_\_\_\_

Coach’s Email: \_\_\_\_\_

**2012 NJ YMCA Silver Championship  
The Lakeland Hills YMCA Swim Team  
Release and HOLD HARMLESS AGREEMENT**

In order to participate in the 2012 NJ YMCA Silver Championship Meet, the following terms and conditions are herewith agreed to for the promotion and execution of the event.

The Lakeland Hills YMCA Swim Team, its officers, agents, employees and assigns, shall not be liable for any injury or damage to Participant’s officers, agents, employees and assigns or the property on the premises of the event unless caused by or due to the negligence of the Lakeland Hills YMCA or its officers, agents, employees and assigns.

Participant, its officers, agents, employees and assigned shall not be liable for any injury or damage to Gloucester County Institute of Technology, its officers, agents, employees and assigns or to property on the premise of the event unless caused by, or due to the negligence of the Participant, its officers, agents, employees and assigns.

All Participants and The Lakeland Hills YMCA Swim Team will carry general liability insurance in standard form covering the above.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2012.

YMCA Association Name: \_\_\_\_\_

YMCA Association #: \_\_\_\_\_ CEO/Executive Director: \_\_\_\_\_  
(Signature)

Modified 1/30/12

**2012 NJ YMCA SILVER CHAMPIONSHIP  
Entry Summary Sheet**

Name of YMCA: \_\_\_\_\_

Address: \_\_\_\_\_

Coach: \_\_\_\_\_

Phone: \_\_\_\_\_

Team Contact/Phone for Timers: \_\_\_\_\_

**TEAM FEES:**

TOTAL INDIVIDUAL EVENTS: \_\_\_\_\_ x \$5.00 = \_\_\_\_\_

TOTAL RELAYS: \_\_\_\_\_ x \$20.00 = \_\_\_\_\_

Make checks payable to: **LHY**

AMOUNT ENCLOSED: \$ \_\_\_\_\_

Please list the three certified coaches.

<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____

***Mail Entries to:***

**YMCA Silvers  
Kim Rozanitis  
8 Bridle Court  
Mountain Lakes, NJ 07046**

Entries must be received by Tuesday, February 7, 2012.

The following items are to be returned to the host team on or before February 7, 2012.

- ✓ Meet Entry Certification Form & Release and Hold Harmless Agreement
- ✓ Entry Summary Sheet
- ✓ Electronic Meet Entry File
- ✓ Check for Entry Fee

## **NJ YMCA SILVER CHAMPIONSHIP**

### **IMPORTANT PARENT INFORMATION**

#### **DUE TO GCIT AND FIRE MARSHALL REGULATIONS, PLEASE NOTE THE FOLLOWING:**

**Spectator seating will be limited to 500 persons.** The Fire Marshall will count spectators. The Meet Committee recommends that no more than one parent accompany each swimmer to the meet. The Meet Committee recommends car pooling where possible.

**So that all parents of swimmers have the opportunity to watch their children swim, please observe only those events in which your child(ren) is(are) competing.** There will be seating in other areas of GCIT including the vending/cafeteria area.

**Cooperation from everyone will be needed so that Y Silvers can remain a positive experience for all swimmers and parents. Remember, this is a YMCA sponsored championship.**

# ATTENTION TEAMS

## TEAM PAGES ARE AVAILABLE FOR THE 2012 NJ YMCA SILVER CHAMPIONSHIP PROGRAM

Any team, coaching staff, or parent's organization may submit a team page for inclusion in this year's NJ YMCA Silver Championship program. Team pages are fun and the swimmers get a real kick out of reading them while waiting for their turn to swim.

Swimmers: Thank your coaches

Coaches: Congratulate your swimmers

Parents: Encourage your children

COST \$50

Send copy-ready team page along with a check payable to LHY to:

LHY Silver Championships  
100 Fanny Road  
Mountain Lakes, NJ 07046

All team pages must be received on or before  
Tuesday, February 7, 2012

Questions, contact Steve Bias [stephenbias@optonline.net](mailto:stephenbias@optonline.net)

**ATTENTION PARENTS**

All parents and families are offered an opportunity to sponsor events at the 2012 NJ YMCA Silver Championships. For sponsorship fee of \$10 per event, your message will appear at the top of the event selected, such as:

Event 54 Girls 15-18 100 Free  
Sponsor: The Bias Family (LHY)

Event 76 Boys 15-18 100 Back  
Sponsor: LHY Coaching Staff

Event 80 Boys 15-18 100 Breast  
Sponsor: Good Luck Jack (RBY)

Fill out the form below. Your forms and payment (check made payable to LHY) must be received no later than **Tuesday, February 7, 2012**. Sponsorship will be granted on a first come, first serve basis. **PLEASE LIST YOUR FIRST, SECOND AND THIRD CHOICES**. You will be notified via e-mail if your sponsorship is not granted and fees will be returned to your coach at the meet.

Mail to:  
Silver Championships  
Kim Rozanitis  
8 Bridle Court  
Mountain Lakes, NJ 07046

Questions: Contact Kim Rozanitis [YMCASilvers@hotmail.com](mailto:YMCASilvers@hotmail.com)

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**SPONSORSHIP FORM**

Event Number & Description (e.g. 13-14 100 Free)

1st Choice \_\_\_\_\_

2nd Choice \_\_\_\_\_

3rd Choice \_\_\_\_\_

MESSAGE: (25 characters maximum including spaces)

\_\_\_\_\_

Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_