

Superbowl Distance meet, January 28, 2012
at Somerset Hills YMCA

Schedule

Saturday Afternoon Sessions

10/under events – new pool

Scratches due 3:15 PM

Session starts 4:00 PM

Warm up assignments

Lane	3:00 PM to 3:20 PM	3:20 PM to 3:40 PM	3:40 PM to 4:00 PM
1	SHY	LHY	SVY
2	SHY	LHY	SVY
3	SHY	LHY	SVY
4	SHY	LHY	SVY
5	SHY	SCY	SCY
6	SHY	SCY	MEY

12/under 500 Free – old pool

Scratches due 3:15 PM

Session starts 3:45 PM

Warm up assignments

Lane	3:00 PM to 3:20 PM	3:20 PM to 3:40 PM
1	SHY	SHY
2	SHY	SHY
3	SVY	LHY
4	SVY	LHY
5	SVY	LHY
6	SVY	SCY

13/over 500 Free – old pool

Scratches due 5:45 PM

Session starts 6:15 PM

Warm up assignments

Lane	5:45 PM to 6:10 PM
1	SHY
2	SHY
3	SHY
4	SVY
5	SVY
6	SCY / MEY

Superbowl Distance meet, January 29, 2012
at Somerset Hills YMCA

Schedule

Sunday Sessions

11/over Events - new pool

Scratches due 7:30 AM

Session starts 8:15 AM

Warm up assignments

Lane	7:15 AM to 7:35 AM	7:35 AM to 7:55 AM	7:55 AM to 8:15 AM
1	SHY	SVY	LHY
2	SHY	SVY	LHY
3	SHY	SVY	LHY / MCY
4	SHY	SVY	SCY / MCY
5	SHY	SVY	SCY
6	SHY	RANY/MEW	SCY

11-12 Events - old pool

Scratches due 7:30 AM

Session starts 8:15 AM

Warm up assignments

Lane	7:15 AM to 7:35 AM	7:35 AM to 7:55 AM	7:55 AM to 8:15 AM
1	SHY	SVY	LHY
2	SHY	SVY	LHY
3	SHY	SVY	LHY
4	SHY	SVY	LHY
5	SVY	SVY	SCY
6	RANY	SVY	SCY

1000 Free - new pool
Scratches due 12:40 PM
Session starts 1:10 PM

Warm up assignments

Lane	12:40 PM to 1:10 PM
1	SHY
2	SHY
3	SHY
4	RANY
5	RANY / MEW
6	SVY / LHY

1650 Free - old pool
Scratches due 10:40 AM
Session starts 11:10 AM

Warm up assignments

Lane	10:40 AM to 11:10 AM
1	SHY / SCY
2	SHY
3	SVY
4	SVY
5	LHY
6	RANY