



# 19<sup>th</sup> Annual HCY Stingray Splash

Raritan Bay YMCA, Perth Amboy, NJ

Sunday, January 15, 2012

Short Course Meet

Hosted by

Hunterdon County YMCA

Sanction Number: N/A

Date of Meet:	Sunday, January, 15, 2012
Location:	<p><b>Site:</b> Raritan Bay YMCA 365 New Brunswick Avenue Perth Amboy, NJ 08861-3940</p> <p><b>Facility:</b> The pool is a 25 yard, 10-lane pool. The pool uses pedestal-style starting blocks, non-turbulent lane lines, touch pads and a Colorado Timing system. The depth at the starting blocks is approximately 10 feet and the depth at the turning end is 5 feet. Day of Meet Emergency Contact Number: (732) 442-3632</p>
Meet Director:	Steve Lyons – Email: <a href="mailto:slyons@embargmail.com">slyons@embargmail.com</a>
Meet Referee:	Bart Fellin – Email: <a href="mailto:bjfellin@comcast.net">bjfellin@comcast.net</a>
Meet Safety Coordinator:	Bob VanKirk – Email: <a href="mailto:robert.vankirk@verizon.net">robert.vankirk@verizon.net</a>
Entry Coordinator:	<p>Jon Caswell, 144 W Woodschurch Rd., Flemington NJ 08822</p> <ul style="list-style-type: none"> <li>• (908) 782-1044 x 655</li> <li>• <a href="mailto:jcaswell@hcymca.com">jcaswell@hcymca.com</a></li> <li>• Best time to contact: mornings</li> </ul>
Entry Deadline:	<ul style="list-style-type: none"> <li>• <b>Entry Deadline Date: January 6, 2012</b></li> <li>• <b>Entries must be emailed to</b> <a href="mailto:jcaswell@hcymca.com">jcaswell@hcymca.com</a></li> <li>• You will receive a confirmation that entries have been received.</li> <li>• Team entries will not be considered accepted <u>unless</u> the waiver and entry fees have been received.</li> <li>• Meet Entries will be taken until the meet is full.</li> <li>• The waiver must accompany payment and must be received before the start of the meet.</li> <li>• <b><u>Payment for meet entries to be mailed to: Swim Team, 144 W Woodschurch Rd, Flemington NJ 08822</u></b></li> <li>• It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry.</li> </ul>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet:</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into a smaller timeframe.</li> </ul> <p>The host club has the right to alter or eliminate qualifying times if required.</p>
Internet Website Posting:	<p><b>Pre-Meet Information posted on website.</b></p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (HYV.file) will be posted on the website.</li> <li>• List Teams whose entries have been received.</li> <li>• List Updated meet schedule.</li> <li>• <b><u>List Warm-up Schedule and Team Warm-up Assignments by Tuesday, Nov 15<sup>th</sup>.</u></b></li> <li>• List Timing assignments.</li> </ul> <p><b>Post-Meet Information posted on website.</b></p> <ul style="list-style-type: none"> <li>• Downloadable Results (CL2 file)</li> <li>• Downloadable Individual Team Results (CL2 file)</li> <li>• Meet Results</li> </ul>
Coaches Eligibility:	<ul style="list-style-type: none"> <li>• All coaches “on the deck” must be members of YMCA Swimming.</li> </ul>

	<ul style="list-style-type: none"> <li>Coaches must show valid coaching card for entrance to facility.</li> <li>Coaches must show coaching card before picking up any meet information or scratch sheets.</li> <li>Coaches must have coaching card visible at all times while on deck.</li> <li>Coaches must have a visible coach's card when entering hospitality area or when asking for food at concessions.</li> </ul>		
Swimmer Eligibility:	<ul style="list-style-type: none"> <li>All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays.</li> <li><b>Age Groups that will be offered.</b> <ul style="list-style-type: none"> <li>10 &amp; under, 11/12, and Open Individual events</li> </ul> </li> <li><b>Individual Limits:</b> <ul style="list-style-type: none"> <li>Swimmers may enter and compete in the 5 individual events provided in their age group.</li> </ul> </li> <li>Age for this meet is: <b>December 1, 2011</b></li> <li>All participating swimmers must be YMCA Members</li> </ul>		
Meet Format:	<ul style="list-style-type: none"> <li>This meet will be run in accordance to current USA Swimming Rules.</li> <li>This meet will be run as a timed final meet for:</li> <li>The USA Swimming scratch rule will be in effect.</li> <li>This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks.</li> </ul>		
Meet Schedule:	<ul style="list-style-type: none"> <li>The building will not open until 30 minutes before the start of warm-ups. The pool deck will not open until 15 minutes before warm-ups.</li> <li>There will be 3 sessions. 10 &amp; under, 11&amp;12, and 13 &amp; over.</li> </ul>		
<b>Meet Schedule:</b>			
<b>Sunday, January 15, 2012</b>			
	<b>Warm-up</b>	<b>Start</b>	
<b>Session #1</b>	10 & under	7:00 am	8:00 am
<b>Session #2</b>	11 & 12	No earlier than 10:30 am	No earlier than 11:30am
<b>Session #3</b>	13 & over	No earlier than 2:00 pm	No earlier than 3:00 pm
Warm-up Procedures:	<ul style="list-style-type: none"> <li>All teams will be given a minimum 25 minutes of warm-ups.</li> <li>Teams will have their own lanes for warm-ups and may decide when to do dives/sprints.</li> <li>All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers must enter the pool from the starting end of the pool.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> <li>Coaches are responsible for swimmers in their warm up lanes.</li> <li>Block starts during warm ups are only allowed if swimmers are exiting the water at the far end of the pool.</li> </ul>		
Entry Times:	ENTRY TIMES MUST BE IN YARDS. Please use an estimated time rather than an NT so that we can time out the meet!		
Check-In:	<ul style="list-style-type: none"> <li>All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched must follow procedures outlines in "Scratch Procedures" below.</li> </ul>		
Starts:	<ul style="list-style-type: none"> <li><b>Fly-over</b> starts will be used.</li> </ul>		

Scratch Procedures:	<p><b><u>Scratch Procedures and penalties:</u></b></p> <p><b><u>Scratch Sheet Instructions:</u></b></p> <ol style="list-style-type: none"> <li>1. Swimmers that are swimming will have a single line through their name. (Example – <del>Swimmer</del>)</li> <li>2. Swimmers that are being scratched from the session will have their name circled and “SCR” will be written next to the circle</li> <li>3. Swimmers scratching from individual events will have a single line through their name, the event number circled and “SCR” will be written next to the circle</li> </ol> <p>All entries not scratched will become official entries. If, after the event is seeded, a swimmer is not scratched from a timed final or preliminary event and does not appear at the block to swim the race in time for the initial start of his or her heat, there will be no penalty to the swimmer. It is expected that each team and swimmer will be diligent in scratching from any events where the swimmer will not be swimming and therefore there will be no penalty for a “no-show” for a preliminary or a timed final heat.</p> <p><b><u>Seeding Timed Finals:</u></b> Each session will be seeded after receiving scratches in accordance with USA-S Technical Rules (Rule 102.5).</p> <p><b><u>Declared False Start:</u></b> A swimmer may withdraw from a preliminary heat or swim off by electing to take a declared false start. Such declaration must be made known to the pool referee before the heat or swim off is announced. A declared false start counts as an event swum for the swimmer and will be counted in the maximum number of events allowed to be entered by each swimmer.</p>
Awards:	<ul style="list-style-type: none"> <li>• Ribbons will be awarded for the top 6 swimmers in each individual event.</li> <li>• Awards must be picked up by coaches at the end of the day.</li> </ul>
Entry Fees:	<ul style="list-style-type: none"> <li>• Individual Entry Fee: \$4.50</li> <li>• There will be a \$5.00 swimmer surcharge.</li> <li>• Make checks payable to: <b>HCY Swim Team</b></li> </ul>
Admissions and Programs:	<ul style="list-style-type: none"> <li>• <b>THERE WILL BE NO CHARGE FOR ADMISSIONS or HEAT SHEETS!!!!</b></li> <li>• No chairs, coolers, large bags or any other large items will be allowed in the spectator seating area.</li> <li>• <b><u>Heat sheets will be available in 2 forms. There will be hard copies as well as a link to a website to see the heat sheet on your smart phones. Instructions will be posted around the concession area.</u></b> Heat sheets will be printed AFTER all scratches have been received and processed.</li> </ul>
Entries:	<ul style="list-style-type: none"> <li>• <b>Team entries must be submitted by E-mail to: <a href="mailto:icaswell@hcyymca.com">icaswell@hcyymca.com</a> When e-mailing your entries, please put ‘Autumn Challenge Entries’ in the subject line</b></li> <li>• The meet entry coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club’s meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.</li> <li>• An Entry Summary with a signed Swimming waiver and a check must follow each e-mailed entry.</li> <li>• Deck entries may be accepted at the meet director’s discretion. The deck entry fee will be \$5.00 per individual event and paid in cash. Swimmers not previously entered in the meet must provide proof of current YMCA Membership</li> <li>• Coaches wishing to deck enter a swimmer should report to the computer table and contact meet director.</li> <li>• NO Un-attached swimmers will be allowed to participate.</li> </ul>
Results:	Results will be posted on the Hunterdon County YMCA Swim Team Website <a href="http://www.hcyswim.com">http://www.hcyswim.com</a>
Host Club Responsibilities:	<ul style="list-style-type: none"> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website <a href="http://www.hcyyswim.com">http://www.hcyyswim.com</a> no later than 3 days before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating</li> </ul>

	as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.hcyswim.com">http://www.hcyswim.com</a> no later than 3 days before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> <li>• Participating clubs <b>must</b> help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.hcyswim.com">http://www.hcyswim.com</a> 72-hours prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing or officiating assignments.</li> <li>• Participating clubs <b>must</b> help with officiating.</li> <li>• Clubs not meeting Participating Responsibilities MAY have their swimmers scratched from the meet at the Meet Directors discretion.</li> </ul>
Vendor/ Concessions:	Destination Athlete will be onsite selling swimming apparel throughout the day. Northwest Designs will be on site selling clothing apparel.
Officials:	Any YMCA certified official who is willing to volunteer their time should contact the Meet Referee, Bart Fellin, at (908) 788-1833 or at <a href="mailto:bifellin@comcast.net">bifellin@comcast.net</a>



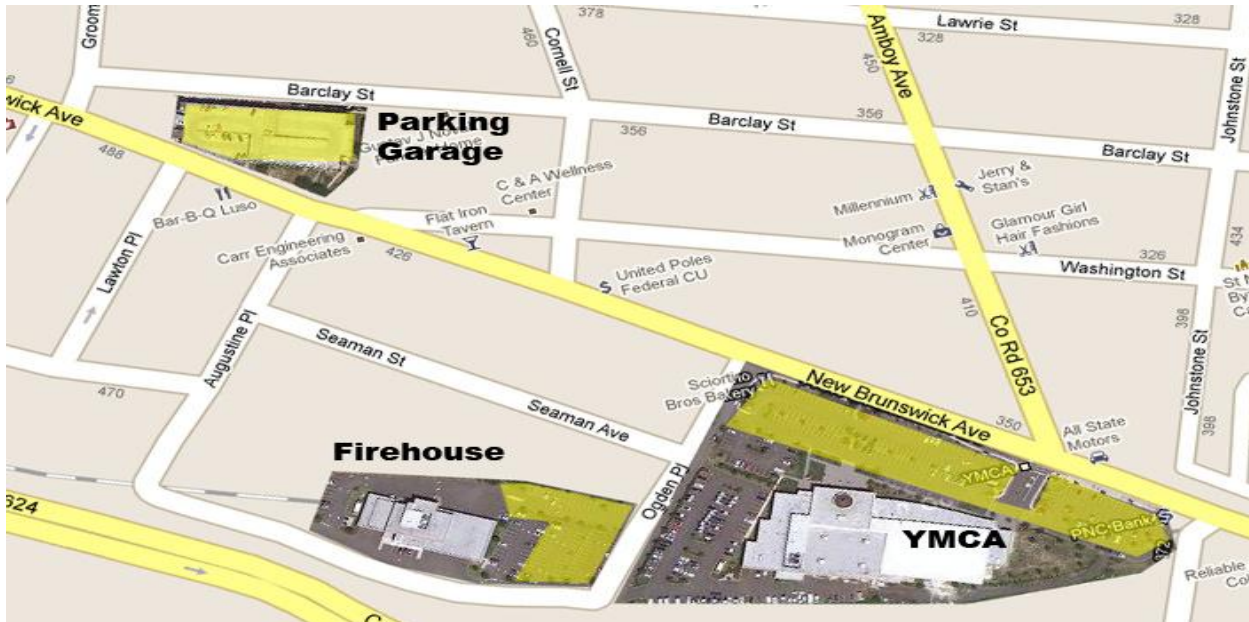
## **DIRECTIONS**

**From West:** Follow I-287 South past NJ Turnpike into US-440 North. Take the NJ-184 exit towards Perth Amboy/Amboy Ave. Continue straight through light and turn right at second light onto Amboy Ave. Follow Amboy Ave. to end, which is the entrance to Raritan Bay YMCA.

**From North:** Take Garden State Parkway South to US-9 exit to I-287/Woodbridge/Perth Amboy/US-440. Take New Brunswick Ave. exit and turn left onto New Brunswick Ave. Stay on New Brunswick Ave. for approx. 1 mile. YMCA is on right.

**From South:** Take NJ Turnpike to Exit 10 I287/US 440. Follow signs to US-440. Take the NJ-184 exit towards Perth Amboy/Amboy Ave. Continue straight through light and turn right at second light onto Amboy Ave. Follow Amboy Ave. to end, which is the entrance to Raritan Bay YMCA.

**Parking directions are provided below.**



- Park in highlighted areas or on nearby streets.
- Hospital parking garage fees are:

1 hour \$2.00  
2-4 hours \$3.00  
4-6 hours \$4.00  
6-8 hours \$6.00  
8-12 hours \$8.00  
12-24 hours \$10.00

- Do not park on Ogden Place between firehouse and police station or you will be towed.

## HCY Stingray Splash

Warm up 7:00 am	Sunday AM Session	Meet 8:10 am
1	9-10 100 Free	2
3	10 & under 50 Fly	4
5	9 – 10 100 Breast	6
7	10 & under 50 Back	8
9	10 & under 100 IM	10
11	9 -10 100 Back	12
13	10 & under 50 Breast	14
15	9 – 10 100 Fly	16
17	10 & under 50 Free	18

Warm up (no earlier than 10:30 am)	Sunday Afternoon Session	Meet (no earlier than 11:30 pm)
19	11-12 200 Free	20
21	11-12 100 Fly	22
23	11-12 50 Breast	24
25	11-12 100 Back	26
27	11-12 50 Free	28
29	11-12 200 IM	30
31	11-12 50 Back	32
33	11-12 100 Breast	34
35	11-12 50 Fly	36
37	11-12 100 Free	38

Warm up (no earlier than 2:00 pm)	Sunday PM Session	Meet (no earlier than 3:00 pm)
39	Open 200 Free	40
41	Open 100 Fly	42
43	Open 200 Breast	44
45	Open 100 Back	46
47	Open 500 Free	48
49	Open 50 Free	50
51	Open 200 Back	52
53	Open 100 Breast	54
55	Open 200 Fly	56
57	Open 100 Free	58
59	Open 200 IM	60

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## HCY 2011 Autumn Challenge Meet Entries Form

Team Code: \_\_\_\_\_ Team Name: \_\_\_\_\_

Name(s) of Coaches: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Team Mailing Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

E-mail Address: \_\_\_\_\_

Contact Person Regarding Entries: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Officials: 1. \_\_\_\_\_ 2. \_\_\_\_\_

### Entry Fee Summary

Number of Individual Events: \_\_\_\_\_ X \$4.00 = \_\_\_\_\_

Swimmer Surcharge: \_\_\_\_\_ X \$5.00 = \_\_\_\_\_

Total = \_\_\_\_\_

Make checks payable to HCY Swim Team

Entries are due by January 6, 2012

Submit checks to:

HCY Swim Team, 144 W Woodschurch Rd, Flemington NJ 08822

E-mail entries to:

[jcaswell@hcymca.com](mailto:jcaswell@hcymca.com)

